PROTECTING OUR HEALTH

Vehicles

Exhaust from Otto's and other vehicles contains toxic chemicals that may lead to health effects such as respiratory ailments, cancer, heart disease, and damage to the nervous system. Breathing exhaust from vehicles so that you can reduce your exposure to these chemicals. You cannot reduce your exposure by avoiding the vehicles themselves. Some drivers experience eye irritation.

Manage Waste

Leaking gasoline and waste by reducing, reusing, and recycling if possible. Allowing paint to peel in the presence of exposure to these contaminants. The flammable fuel, flaring, and fuel gases can harm people. These chemicals are also highly flammable, and can be a fire hazard. For more information on these projects, contact AKAC. Make sure that your hands and feet are washed and that your feet are washed:

Open Dumpsites

Open dumps are a health and safety hazard. Keep children away from open dumps and streams that flow from these sources. Dumpsites are often used for storage of materials that are hazardous to public health. Contact your local government or the state of Alaska for more information.

Formerly Used Defense Sites (FUDs)

Many chemicals have been used by the military and left behind when the facilities were abandoned. It is important that the contamination does not spread beyond the site. If you are concerned about the possibility of hazardous exposures to workers and traditional food sources or to communities or descendents of indigenous people, contact AKAC or visit our website at akac.org for more information.

Tobacco Smoke

Tobacco smoke contains thousands of chemicals, many of which are harmful. If you quit smoking, you will improve your health and that of those around you. Do not smoke tobacco because it exposes others to secondhand smoke. Children are especially vulnerable to the harmful effects of secondhand smoke.

Persistent Organic Pollutants (POPs)

Persistent organic pollutants, or POPs, are chemical substances that have been shown to remain intact and continue to accumulate in the environment. They include PCBs, DDT, and DDT derivatives. For more information on ways to take action against these chemicals, contact AKAC or visit our website at akac.org for more information.

Clean Hands

Wash hands often to prevent harmful exposures to chemicals and bacteria.

Environmental Health and Contaminants in Alaska

Our mission is to ensure public health by advocating for environmental and community health improvements that enhance the health and safety of all Alaskans. We work to improve the health and safety of all Alaskans.

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Personal Care Products

Some personal care products use harmful chemicals that have been linked to harmful health effects. These chemicals are often found in everyday products such as lotions, shampoos, and cosmetics. Some of the ingredients that may cause harm include phthalates, formaldehyde, formamide, formalin, formaldehyde, formaldehyde, and formaldehyde.

Mold

Mold is a fungus that grows in moist areas and is linked to lung disorders and other problems in babies, and allergic reactions and some cancers in adults. Fix water leaks as soon as possible and make sure you have good air flow to prevent mold growth. To remove mold, spray with a solution of one part vinegar and one part water, then wipe clean while wearing a dust mask.

Plastics

Chemicals found in plastic products such as cosmetics, baby bottles, and food containers can lead to harmful health effects. Using glass, ceramic, or wood products will reduce your exposure to these chemicals. If you must use plastics, avoid plastic threaded plastic containers in the microwave oven.

Pesticides

Pesticides can harm the health of people, especially children, who are exposed to them. Pesticides can be used to control pests in gardens, yards, and homes. For more information on pesticides, contact AKAC or visit our website at akac.org for more information.

Furniture & Electronics

Furniture and electronics can have harmful contaminants. There are no easy ways to remove them from furniture and electronics. For more information on how to remove harmful contaminants, contact AKAC or visit our website at akac.org for more information.

Household Products

Household products can have harmful contaminants. There are no easy ways to remove them from household products. For more information on how to remove harmful contaminants, contact AKAC or visit our website at akac.org for more information.