Soft Scrub: stove, oven, bathtub, tile...

- 1 cup baking soda
- 1/2 cup liquid castile soap
- 2 tsp. vegetable glycerin
- 4-6 drops of essential oil
- Mix and store in a sealed glass jar for up to 2 years.

Warming in microwave until barely hot will boost cleaning power for tough jobs. Only microwave in a glass container.

Sugar Body Scrub

- ½ cup organic white table sugar
- 4 drops essential oil
- 2 TBS jojoba oil
- 2 TBS liquid castile soap, such as Dr. Bronner’s Liquid Soap

Place sugar into a large bowl and stir to break up any clumps. Add the essential oil. Add the jojoba oil and castile soap next, a little at a time, stirring after each addition. Mix well and pour into clean container. To use, stand in the tub or shower and massage the sugar scrub onto your skin. Rinse. Enjoy!

Note: Leftover jojoba oil makes a great moisturizer on its own!

Do you have a tough job?
- 1st spray vinegar
- 2nd let sit
- 3rd follow with the scrub